

The California Qualifying House is a Short-Term Residential Therapeutic Program (STRTP) that serves female youth (ages 14–17) and non-minor dependents (age 18) from California placing agencies. Located in the Sierra Nevada mountains, the program focuses on stabilizing behaviors and providing individualized therapeutic support to help youth successfully transition into adulthood and back into the community.

California

QUALIFYING HOUSE

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California

QUALIFYING HOUSE

Short-Term Residential Therapeutic Program

Improving the Lives of Youth

Safe & Supportive Environment

The Q-House emphasizes safety and support through well-trained, compassionate staff who model positive behaviors and build healthy pro-social relationships with the youth. Our program is rooted in Positive Youth Development and trauma-informed care, offering youth emotional and behavioral regulation strategies in a nurturing setting.

Individualized Therapeutic Interventions

Youth receive tailored therapeutic services including individual therapy and participation in evidence-based group modalities such as:

- Aggression Replacement Training (ART)
- Positive Organizational Culture (POC)
- Positive Skill Development
- Seeking Safety
- Life Skills Development

These interventions help build resilience, reinforce coping strategies, and support each youth's path toward wellness and independence.



Education & Vocational Opportunities

The Q-House provides year-round, accredited education through partnership with the El Dorado County Office of Education (EDCOE). Emphasizing Rigor, Relevance, Relationships—and Rituals—students celebrate achievements like graduations and certifications, building lifelong habits of recognition and self-worth. The structured, supportive environment ensures continued academic progress while introducing valuable vocational training. Youth gain practical skills and certifications that promote employability and independence. Opportunities include:

- ServSafe Certification
- OSHA Safety Training
- CPR/First Aid Certification

This holistic approach empowers students to succeed both academically and professionally.

Recreation & Wellness

Youth at the Q-House benefit from diverse recreation opportunities that promote physical and emotional well-being, including:

- Skiing and hiking
- Access to a local recreation center with fitness classes
- Use of sports courts, gym equipment, and free weights

These activities encourage teamwork, self-confidence, and personal growth.

Empowering Youth Through Stability, Growth & Healing

Community & Family Engagement

The Q-House fosters strong connections through family and community involvement, promoting relationship-building, pro-social skills, and personal responsibility. Families are welcomed through therapy sessions, parent-teacher conferences, spiritual celebrations, service projects, and graduation ceremonies. These touchpoints create meaningful engagement and lasting bonds.

Youth participate in impactful community service projects, developing a sense of purpose, pride, and connection. These experiences cultivate empathy and civic responsibility, encouraging our students to return to their communities as confident, compassionate leaders committed to creating a brighter future.

